

# Grand Rapids Free School

## Sept. 2010 Calendar

All ages welcome. In the case of rain, check our website for updates. Come as a teacher and a learner!

### Weekly Courses

#### **Religion in the Past, Present, and Future**

Every Tuesday, 7 PM @ Cherry Park

A discussion group on religion and its impact on modern society.

#### **French Language**

Every Wednesday, 7 PM @ Cherry Park

An ongoing French language course. All levels welcome.

#### **Intro to Hula-Hooping**

Every Thursday, 7 PM @ Wilcox Park

A beginners guide to momentum and groove. BYOHH - ours are limited!

### Workshops

#### **Really Really Free Market**

Sunday Sept. 5th, 2 PM @ Wealthy St. & Fuller St.

Join us in gift economies with hula-hooping and juggling workshops.

#### **DIY Menstrual Health**

Saturday Sept. 11th, 1 PM @ Wilcox Park Pavillion

A Do-It-Yourself, low-cost guide to safe and effective menstrual health.

#### **Canning Food for Health**

Sunday Sept. 19th, 1 PM @ The Bloom Collective

Bring a homemade salsa and learn to can it with the Bloom Collective.

#### **Know Your Rights: In the Workplace**

Saturday Sept. 25th, 2 PM @ The Bloom Collective

A quick look into your rights as a worker in your workplace.

*The GR Free School is an open organization committed to creating safe spaces where communities from all corners of Grand Rapids can learn and share with other communities.*

*We believe education should be free, collective, and autonomous. Everyone has something to teach, everyone has something to learn.*

**want to teach a workshop? contact us:**

**[grfreeschool@gmail.com](mailto:grfreeschool@gmail.com) [grfreeschool.wordpress.com](http://grfreeschool.wordpress.com)**

